



Notes from the Department Chair

Mentorship

Anyone who knows me well or who has spent a lot of time with me has probably heard me talk of how important mentorship has been to my career and, frankly, to my life. I do not believe I would have found any success without the influence of strong mentorship along the way. I believe our leaders will have a lot to say about mentorship in this edition. I am very proud of all the great mentorship that goes on in our department every day. My focus in this article is on the receiving end of mentorship -

First, it takes a significant amount of _____ to be open to receiving mentorship, and guidance. We need to accept that we are not perfect and have room to grow and improve. We need to accept that others (our potential mentors) may have a perspective we have not thought of before. We must be open to different perspectives. We must be willing to learn from our mentors. This means we need to be teachable and coachable. We also need to be willing to share our struggles and challenges with our mentors. This helps our mentors know where to focus on their mentorship work.

Second, being a good mentee is tough work, and the harder we work and the more active we are as a mentee, the more we will get out of the process. It takes _____ to be a good mentee. We often may have to seek mentorship out. We need to _____ to our mentors. We need to _____ for our personal growth. We need to _____ on agreed upon action plans. We need to _____ our successes and failures.

Finally, _____. Therefore, we must *show our gratitude* to our mentors - often. There are a lot of ways to show our gratitude to our mentors - recognizing them when we receive attention for our success; nominating them for awards. Our success will reflect back positively upon them, sharing the giving and mentoring culture they exude with others. But I have found that just saying a personal thank you for their gift or writing a simple thank you card is always one of the best ways. Because all of us are better off with good mentors, we should try to

_____ by working hard to extend the gift of mentorship to others around us.

Thank you for helping us develop a mentoring culture in your department.

Jon A. Lehrmann, MD
Charles E. Kubly Professor and Chairman
Department of Psychiatry and Behavioral Medicine MCW



Notes from Administration

Mentoring at MCW

My career at MCW (almost nine years) has been shaped by opportunities to be mentored by generous colleagues who have been in my shoes and offered to lend their support.

My first role at MCW was within the central finance office as a budget analyst. I quickly learned just how complex the organization is, as the team frequently joked about the





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GETTING TO KNOW...

Faculty and Staff from the Department of Psychiatry and Behavioral Medicine

DEPARTMENT HAPPENINGS

WE HAVE EXPANDED AND SOME OFFICES HAVE MOVED



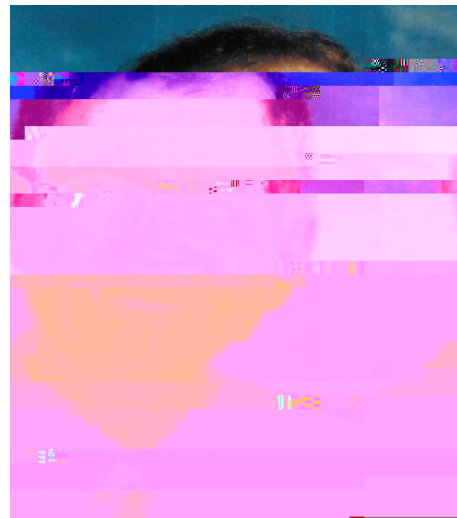
Tosa Health Center, 1155 N. Mayfair Road, 3rd floor, Milwaukee, WI 53226
Main location for our clinical offices.



Research Park Center, 10000 W. Innovation Drive, 3rd floor, Milwaukee, WI 53226
New temporary location for our Administration, Education and Research/Clinical Trials offices.

DEPARTMENT TOWNHALL MEETINGS

**3:00 P.M. PM Friday, January 19
and Friday, February 16**



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