Department of Psychiatry and Behavioral Medicine
1155 N. Mayfair Rd.
Milwaukee, WI 53226

Accreditation Status

Non-accredited

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Accreditation:

Office of Program Consultation and Accreditation
American Psychology Association
750 1st Street, NE, Washington DC 20002
Phone: (202) 336-5979/E-mail: apaaccred@apa.org
Web: www.apa.org/ed/accreditation

This fellowship site is not currently an APPIC Member Site.

Although formal post-doctoral fellowship is not a requirement of licensure in Wisconsin (please see Psychology Licensing Requirements in WisconsinΣ ά), the Clinical Health Psychology Post-Docto TJ ET Q q 0 0 612 792 re W*n BT 0 g /TT0 11.04 Tf 270.05 209.78 Td [P)-4.004 (ro)-2.998 (g)

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Preferred qualifications:

- Interested in pursuing board certification in Clinical Health Psychology
- Primary clinical experience/interest with adults
- Experience with empirically validated treatment approaches
- Experience with health psychology behavioral interventions
- Strong assessment background with experience in health psychology assessment

Required materials:

- Cover letter with training goals and specific interests in training offered at M12.00

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Psychologists are embedded across a range of academic departments and clinical programs at F&MCW. Psychologists are on faculty in departments including psychiatry, neurology, trauma and critical care, anesthesiology, obstetrics and gynecology, transplant surgery, plastic surgery, family and community medicine, physical medicine & rehabilitation, and community-based mental health. Additionally, psychiatry faculty are embedded in medical specialty practices including palliative medicine, bone marrow transplant, general psycho-oncology, C/L psychiatry, neurology and headache medicine, and bariatric surgery. Faculty psychologists provide psychological assessment, empirically validated treatments, psychotherapy, consultation, teaching, and research across clinical lines and the institution.

Froedtert and the Medical College of Wisconsin have had an educational mission for over a century, starting in 1893 when medical student training began at the Wisconsin College of Physicians and Surgeons, later named Milwaukee Medical College, then Marquette University Department of Medicine/Milwaukee Medical College, and finally developing into the Medical College of Wisconsin in 1970. Through the iterations and years, the Medical College of Wisconsin has developed a range of medical and scientific training programs. The Medical College of Wisconsin has partnered with a premier health system and our flagship hospital, Froedtert Health and Froedtert Hospital, respectively, to provide both general medical, biomedical, and other associated medical training programs at a basic science and clinical level. Froedtert and the Medical College of Wisconsin are constantly evolving as they transform into a fully rounded health 02 (train)6.99 Td ( )Tj ET Q q 0 0 612 792 re W*n BT /TT0 11.04 Tf 161.r11.04 e

The Clinical Health Psychology Post-doctoral Fellowship program has the following program aims:

Aim 1. The Clinical Health Psychology Post-doctoral Fellowship program aims to train competent, independently practicing Clinical Health Psychologists who will be well prepared to pursue a Clinical Health Psychology career in a hospital, healthcare setting, or academic medical center and to pursue board certification in Health Psychology.

Aim 2. The Clinical Health Psychology Post-doctoral Fellowship program aims to train competent independently practicing

Applies scientific methods in Clinical Health Psychology activities
Analyzes data from a research or program evaluation project that evaluates the effectiveness or quality of clinical health psychology services within health care settings and communicates findings clearly.
Behave in ways that reflect the values and attitudes of psychology and Clinical Health Psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others.
Engage in self-reflection ℕŜƎI·ℕŘλyƎ ƨyŜΩă LJŜℕăƨyl·f I·yŘ LJℕƨ₮Ŝăăλƨyl·f ₮dzyŎΰλƨyΛyƎT ŜyƎI·ƎŜ λy˜I·ŎΰΛØλΰΛŜă ΰƨ maintain and improve performance, well-being, and professional effectiveness.
Actively seek and demonstrate openness and responsiveness to feedback and supervision.
Respond professionally in increasingly complex situations with a greater degree of independence.

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Communicate orally and in written documents the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.
Assess factors that facilitate or inhibit knowledge, values, attitudes, or behaviors affecting health functioning, treatment and treatment adherence and health care utilization of patii10 (ence)-2.998 (an)664

Engage interprofessional individuals and teams to increase the likelihood of appropriate early referrals to clinical health psychologists.
Provides education about health psychology concepts and practices or methods and procedures to other professionals and/or trainees.
Postdoctoral fellows are expected to:
Demonstrate leadership within an interprofessional team or organization related to the practice of Clinical Health Psychology. Demonstrate the ability to develop or enhance a Clinical Health Psychology practice, educational program, or program of research.

concerns that have an emotional, cognitive, behavioral and/or social impact among primary care patients via warm handoffs from their providers and scheduled primary care psychology visits. The Neurology Headache Medicine rotation (outpatient only) focuses on health interventions for managing pain and headache and managing contributory and comorbid psychiatric concerns with complex headache pain patients. The Palliative Care Psychology rotation (inpatient only) involves working on a multidisciplinary palliative care team helping to improve quality of life and adjustment for patients with severe health conditions. The Cancer Psychology rotation (primarily outpatient) focuses on outpatient management of a range of cancer diagnoses.

An example schedule is below.

Model Rotation Schedule for CHP Psychology Fellow

Individualized Fellowship Training Plan

Each fellow will complete an Individualized Fellowship Training Plan at the beginning of the training year, with modifications as needed throughout the year, with their primary supervisors and the Training Director. The Individualized Fellowship Training Plan is a plan that includes the ŦŜfƒ2ǿ⍰ă ΰǿ2 ŏƒʎƴʎŏΙ·ƒ ℕ2ΰΙ·ΰʎ2ys, any specific experiences the fellow would like to obtain during their fellowship year, the 6 didactics that are required per month (i.e., research, supervision, management and leadership, ethics, professional development, and cultural diversity; please see didactic description below) and the three to five didactics per month the fellow will choose based on clinical specialization and interest (please see list of fellow selected didactics below). The Individualized Fellowship Training Plan will also lay 2ʤzΰ ΰKŜ ŦŜfƒ2ǿ⍰ă LJfΙ·ƴ˜Ŧ2ℕ ΰŜΙ·ŏKʎƴΞΣ supervision, their Scholarly Inquiry Project, and participation in departmental or organizational committees.

Scholarly Inquiry Project

Each fellow completes as Scholarly Inquiry Project, which is an empirically based project derived from a clinical question, need, or database. As part of this project, the fellow conceptualizes the project, consults the literature, analyzes data, and disseminates findings. The scope of the project, however, is broad, intending to allow the fellow to meet their training goals through the project. The fellow has 4 hours per week dedicated to the Scholarly Inquiry Project.

Didactics: Required Didactics

Advanced Ethics in Clinical Health Psychology (Once a month)

This course explores the ethical questions encountered most often by practitioners in health care settings. Ethical challenges occur almost routinely in health care. Issues of informed consent, respect for patients' dignity and confidentiality, the balance between patient and family rights, and billing for services are just a few of the topics that challenge psychologists to uphold their ethical obligations across the health care continuum.

Using as a guide, this course will offer a view of ethical situations as they unfold, including case-by-case consideration of critical background information, key stakeholders, the direct relevance of specific APA

supervision to foster trainee development, patient safety, and gatekeeping for the field is challenging. The following course will work with the Competency-Based Supervision Approach (Falender & Shafranske, 2004), working through the stages of the supervisory process. The Competency-Based Supervision Approach will then be applied to supervision within a health psychology setting including facilitating growth in consultation, psychotherapy, assessment, and empirically-validated treatments.

Clinical Health Psychology Fellowship Didactic Seminar: Research (Once a month)

This course is part of the Post-doctoral Fellowship in Clinical Health Psychology Program. This discussion-based seminar course will expand and solidify the research skills of clinical health psychologists through a combination of didactic presentations on clinical health research topics and critical journal club discussions. The series will provide Fellows with needed skills in research and program evaluation with a focus on 1) critical evaluation of the effectiveness and/or quality of research in clinical health psychology or related fields, and 2) data analysis, interpretation, and dissemination. Course topics will also include discussion around clinical research ethics, diversity, equity, and bias in clinical research, and integrating research into a career in clinical health psychology.

Clinical Health Psychology Professional Development Seminar (Once a month)

The Professional Development Seminar is set in a group format to address issues salient to the transition from a fellow to a faculty psychologist. Topics addressed include EPPP, licensure, academic job searches, professional identity development, early career psychology challenges, establishing a clinical and translational research program, and negotiating employment contracts.

Management and Administrative Leadership in Clinical Health Psychology (Once a month)

As the U.S. health care system continues to struggle (i.e., reduced life expectancy and higher per capita costs compared to many countries) and evolves (i.e., ACA and political forces atte

knowledge in healthcare management and leadership and expose the postdoctoral fellow to keys aspects of such positions.

National Diversity Seminar Series

Fellows participate in a Multi-Site Diversity Video Teleconference Series, where the CHP fellows at MCW connect with several VA fellowship sites across the country to participate in a series of presentations that focus on different areas of multicultural competence.

Didactics: Fellow Selected Didactics

Fellow selected didactics focus on topics relevant to specific areas of specialization and are intended for the fellow to use to further expertise in that specific medical psychology area.

Bariatric Surgery

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    - Obesity and Bariatric Surgery
    - A Clinical Health Psychologists Role on a Bariatric Surgery Team
    - Let's Talk about it: Discussing Obesity with Patients and Providers
    - Identifying and Addressing Obesity Bias with Providers
    - Bariatric Surgery and Adolescents
    - Fighting Food Addiction
    - Acceptance- and Mindfulness-Based Interventions for Weight Management
    - What Works and What Doesn't: Psychological Factors Affecting Surgical Success
    - What Works and What Doesn't: Diet and Lifestyle Modifications Affecting Surgical Success
    - When Things Go Awry: Treating Post-Surgical Complications
    - Empirically Supported Treatments for Eating Disorders
    - Role of Self-Compassion in Weight Management

f Self Integrated Primary Care

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- Don't Let it Go Up in Smoke: Understanding Commercial Tobacco/Nicotine Use and Treatment
- What Will the Future of Primary Care Look Like?

Neurology and Headache Medicine

Palliative Medicine

Psycho-oncology and Cancer Psychology Clinic

- Schwartz Rounds is a venue where healthcare psychologist that facilitates direct questions and conversations.

Multidisciplinary Team Meetings and Rounds

Fellows will be expected to work with Multidisciplinary Teams and attend Grand Rounds across the academic medical center. Below please find a tentative list of meetings that are a part of each rotation, although the list is not exhaustive:

- Bariatric Surgery
  - Adolescent Bariatric Team Meeting
  - Bariatric Leaders Meeting
  - Bariatric QA Meeting
  - Minimally Invasive Gastrointestinal Surgery (MIGS) Team Meeting
- Integrated Primary Care
  - Plank Road Clinic Provider Meeting
- Neurology and Headache Medicine
  - Headache Clinic Team Meeting
- Palliative Medicine
  - Interdisciplinary Team Meeting
  - Challenging Patient Interdisciplinary Case Discussion

- Palli-Psych Office Hours
- Interdisciplinary Weekend Sign Out

- Psycho-oncology and Cancer Psychology Clinic
  - Multidisciplinary Breast Tumor Board
  - Psycho-oncology Multidisciplinary Meeting
  - Advanced Skin Cances.2(f 132.62 631.78 Td ((L)-2.998y2 0 0 61)-ang (en-US)/MCID 2 BDC q 0 0 612 792

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Training Rotations and Experiences

Alex Buhk, PhD & Courtney Barry, PsyD, MS

The Bariatric Surgery Program is housed within the Department of Surgery, Division of Minimally Invasive and Gastrointestinal Surgery at the Medical College of Wisconsin. The Bariatric Surgery Program is accredited as a Comprehensive Bariatric Surgery Program by the American College of Surgeons and the American Society of Metabolic and Bariatric Surgery (ASMBS). Bariatric psychologists are viewed as a critical part of the interdisciplinary bariatric surgery team where team members include surgeons, endocrinologists, physician assistants, nurse practitioners, registered nurses, dieticians, bari(h)6.998 (y)96 (rs)5 T /TT0 9Tnt1r(). Ba.024 667.66 996 (b) w PsT /TT

- Co-treat with other disciplines to more effectively address mental or behavioral health concerns and communicate via in-person consultation, medical record, facsimile, and other forms of technology
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- Be available for behavioral health consultation from providers in the health enterprise, as requested
- Consult on behavioral management interventions via direct communication and medical record to help medical providers effectively manage challenging behaviors while providing care
- Attend interdisciplinary team meetings
- Promote effective patient-provider relationships

Froedtert Hospital
Froedtert Hospital Specialty Clinic
https://www.froedtert.com/locations/clinic/specialty-clinics-froedtert-hospital

Lyndsey Wallace, PsyD, ABPP

Cancer psychology is the practice of health psychology as it applies to those being treated with cancer and addresses issues of adjustment to illness, coping with chronic illness, adherence and behavioral management, and end-of-life care. Cancer psychologists work with patients and their family members to help cope with cancer and its impacts on functioning, emotional distress, mental health, and family relationships. On the cancer rotation, the fellow will work primarily in outpatient setting and as part of a multidisciplinary team. The fellow will have an opportunity, based on area of interest, to engage in disease-specific patient populations and teams. Fellows will treat patients during their cancer treatment process. Fellows will spend 4 half-days in the Cancer Center.

Kirti Thummala, Ph.D.

The Headache Medicine Program is housed within the Department of Neurology at the Medical College of Wisconsin. The headache clinic provides multidisciplinary services to individuals suffering from primary headache disorders, including chronic migraines, tension-type and cluster headaches. The interdisciplinary headache team includes physicians, fellows, residents, pain psychologists, nurse practitioners and physical therapists. Patients in the headache program receive a comprehensive evaluation of their headaches, leading to a personalized plan of care established in collaboration with the patient and multiple headache specialists. When appropriate, patients are referred to pain psychology for a variety of presenting problems including difficulty adjusting to chronic headache pain and headache-related treatments, co-morbid mental 2 (n)-4.006 (ic)]TJ 3J ETn.006 (ic)]T0ain an06 (t4 (if)5 (ho28n)-5 ((e.

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Mackenzie Goertz, PhD

Palliative Care is a specialty that focuses on improving quality of life for patients suffering with serious medical illness (e.g., cancer, advanced heart, lung, liver, kidney or vascular disease, serious neurological conditions, injuries from life-threatening accidents, and other serious or life-limiting illness). The goal is to minimize discomforting symptoms through a biopsychosocial lens focusing on physical, emotional, and spiritual distress. The interdisciplinary team includes physicians, advanced practitioners, spiritual services, registered nurses, and a psychologist. Palliative psychologists work with patients and their family members in an effort to help them with adjustment and coping of serious illness, interpersonal relationships, and mental health concerns (e.g., depression, anxiety, trauma, cognitive concerns, delirium, etc.), pain management, and end-of-life care. Common treatment modalities include Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Meaning-Centered Psychotherapy, and Dignity therapy. On the palliative rotation, the fellow will work primarily in the inpatient setting and as part of a multidisciplinary team. Fellows will treat patients during their cancer treatment process. Fellows will spend 4 half-days in the hospital on the inpatient palliative care team.

Treatment of services will be on the inpatient palliative care team. Palliative psychologists provide patient and family support and team support. Fellows will perform health psychology assessments and brief interventions to help with adjustment to illness, symptom management, and promoting interpersonal dynamics.

- Assessment ς Biopsychosocial intake interviews, health and behavior assessments, decision making capacity, brief testing
- Psychotherapy for psychopathology ς Depression, anxiety, trauma, substance misuse, management of personality disorders in medically complicated patients and families
- Behavior therapy ς Behavioral activation, adherence, and compliance management
- Health and Behavioral Intervention ς Coping skills training, sleep hygiene, diet, psychoeducation
- Pain management ς Non-pharmacological treatment for pain
- Stress management ς Mindfulness, relaxation strategies

Palliative psychologists work as part of multidisciplinary teams, collaborating with physicians, advanced practice providers (APPs), spiritual services, nurses, social workers, medical fellows, residents, and students. The psychology fellow will have opportunities to collaborate with other disciplines in the following ways:

- Attending interdisciplinary team meetings and medical rounds
- Providing consultation and behavioral management to nursing and medical staff for problematic patient behavior
- Promoting effective patient-provider relationships
- Co-treating patients alongside physicians, APPs, spiritual services, and/or PT/OT to more effectively address mental or behavioral health concerns

Froedtert Hospital
https://www.froedtert.com/locations/hospital/froedtert-hospital

Evaluation Procedures

Fellows are evaluated quarterly in their two major rotations, with the evaluation focusing on the elements of the competencies noted in the table above. Fellows are evaluated on a developmental scale and expected to grow throughout the fellowship year in independence and proficiency. At the mid-year and end-of-year, the Training Director summarizes the quarterly evaluations, including evaluations of teaching and research as well, and completes the Summative Evaluation. The Summative Evaluation is the metric by which successful completion of the program is operationalized. Please see the Minimum Leve

each evaluation point and independent practice competency by the conclusion of the fellowship year.

i. Should a fellow demonstrate below expected competence appropriate to their developmentally expected level, a Development Plan as outlined in the Remediation Process Policy will be promptly implemented.
j. Successful completion of any Development Plan should one be implemented.
i. Complete all programmatic evaluation forms in a timely manner

Facility and Training Resources

Fellows have a dedicated workspace at Froedtert Hospital in the Health Psychology workspace in the Center for Advanced Care (CFAC), as well as dedicated space in the clinical rotations in which an individual is rotating. Fellows have appropriately designated clinic space in their respective clinics where patients are seen. In addition, fellows are assigned a pager

Training Faculty:

Amber Craig, Ph.D.
Assistant Professor of Psychiatry and Behavioral Medicine
Psychologist, Behavioral Health Center - Tosa Health Center
Co-Director, Behavioral Medicine and Primary Care Clinic- Tosa Health Center
Training:
B.S., Georgia State University, Atlanta, GA
Ph.D., Indiana University, Bloomington, IN
Residency: University of Wisconsin, Madison, WI
Fellowship: Clinical Health Psychology (Primary Care Track), Medical College of Wisconsin, Milwaukee, WI

Mackenzie Goertz, Ph.D.
Assistant Professor of Psychiatry and Behavioral Medicine
Psychologist, Froedtert/MCW Blood and Marrow Transplant and Cellular Therapy Program & Palliative Care Program

Training
B.A. Psychology, Flagler College, St. Augustine, FL
M.A. Counseling, Latinx Mental Health Concentration, The Chicago School of Professional Psychology, Chicago, IL
Ph.D. Counseling Psychology, Marquette University, Milwaukee, WI

Residency: Health Psychology Predoctoral Internship, Southwest Consortium, Albuquerque, NM
Fellowship: Health Psychology, Loyola University Medical Center, Maywood, IL

Lawrence Miller, Psy.D.
Associate Professor of Psychiatry and Behavioral Medicine
Co-Director, Behavioral Medicine Primary Care Clinic
Psychologist, Behavioral Health Center - Tosa Health Center

Training:
B.S., Psychology, Illinois State University, Normal, IL
M.A., Psychology, Central Michigan University, Mount Pleasant, MI
Psy.D., Clinical Psychology, Illinois School of Professional Psychology/Chicago at Argosy University, Chicago, IL

Residency: Clinical Health Psychology, Loyola University Medical Center, Maywood, IL
Fellowship: Psychosocial Oncology, Loyola University Medical Center, Maywood, IL

Kirti Thummala,PhD
Assistant Professor, Psychiatry and Behavioral Medicine
Assistant Professor, Neurology (Secondary Appointment)

Training:
B.A., Brain, Behavior and Cognitive Science, University of Michigan, Ann Arbor, MI
M.A., Clinical Psychology, Arizona State University, Tempe, AZ
Ph.D., Clinical Psychology, Arizona State University, Tempe, AZ

Residency: Department of Psychiatry and Behavioral Sciences, Rush University Medical Center, Chicago, IL
Fellowship: Supportive Oncology Program, Rush University Medical Center, Chicago, IL