Dec. 7, 2021
12 – 1 p.m.
Via Zoom
https://us02web.zoom.us/j/87558144579?pwd=MDdPNUdDMC /P8,7.1 Z-8 (N)-jb.MC /PI,7.1 (/)B6.7 3Rdm87-3.7 (t)X9.4 8-0.7
Passcode: 2468

FUN (15 min)

- Quick Introductions: Name, Role, School
- Ice breaker question: What is a favorite Holiday tradition that you celebrate?
- Christmas present. Everyone here tcaroline@newmentalhealthconnetion.org

SHARING (40 min)

- How are you doing? What strength(s) are you leaning into to stay strong?
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